

ELEC

ELIZABETH LOFTS EMERGENCY COMMITTEE

Hello Elizabeth Lofts Residents - We think it is a prudent time to review the steps to be adequately prepared for a disaster.

To that end, each month we will email an emergency preparedness step for you to review. We will sequence these in an orderly fashion, by topic. We have all lived through a lot these last 14-15 months and readiness and perseverance now seem like second nature, but preparedness is key. Investing time and energy into preparedness now will reduce stress and fear should a disaster occur.

Your Emergency Kit

One of the most fundamental elements of preparedness is having an Emergency Kit.

Fire and Rescue suggest a 72-hour supply kit. Please make sure it accommodates your household members. Find the list here:

[Portland Fire & Rescue Emergency Preparedness.doc \(portlandoregon.gov\)](#)

We welcome your comments and suggestions. Remember this is an outline - good outlines point, but they don't lead. Those complete steps are up to you!

While you are here:

We would like to compile a list of medical professionals who live in the building. It's a good resource for us to know who you are, as you will be a valuable resource in the event of an earthquake or other natural disaster. Email us at elec.leads@elizabethlofts.org

Looking ahead - next month we will present you with what you need to know to have not only a plan, but to secure your home in the event of an earthquake.

Thanks, the ELEC Team

