

## Frequently Asked Questions About Disasters and Preparedness at the Elizabeth Lofts

Q: What should I do to prepare for a disaster?

A: Stock up on water (1/gal per person per day) and food that doesn't need to be cooked. The [Red Cross](#) has a whole list of items you may need and ELEC has a [video you can watch](#).

Q: What is a go-bag?

A: A pre-packed bag you can carry or roll containing clothes, food, water, medications, ID, contact and insurance info, sleeping bag or blanket, and other items you need to live out of doors.

Q: Should I evacuate after an earthquake?

A: If possible you should shelter in place because it will be warmer, safer from falling debris and you have access to food and water. ELEC will work with emergency officials to evaluate the structural safety of the building and issue an evacuation recommendation if necessary. If you do not feel safe inside, it is always your choice to leave.

Q: Where should I evacuate to?

A: The Elizabeth Lofts has designated the section of the North Parks Blocks between Flanders and Glisan as our assembly point. If an evacuation recommendation is given, ELEC volunteers will head there to provide information and assistance.