ELEC Meeting Minutes for November 29th, 2021

The meeting was held in the Community Room. Present were Larry Rosenblum, Forrest Gist, and Bob Garsha

We had present issues and future issues to discuss.

The meeting started with Bob saying he would take over doing the minutes from Larry to give Larry a break. We exchanged pleasantries about Thanksgiving.

Our first discussion dealt with the slide presentation for the annual meeting that Forrest compiled with feedback from Larry and Bob. We all agreed it covered everything we wanted, and we were happy with the look for the most part. Forrest will create the verbal narrative, and Larry suggested we tell people more of what ELEC is about and use this as an opportunity to keep pressing for volunteers. Larry reminded us that this is on Zoom, there will be no mingling to talk with residents about volunteering. Bob spoke about reaching out to CMI several times with no response on our work being part of the host Karina's shared screen. He would take it up with the Board if he continued to get no answer as the annual meeting is only eight days away from today.

Forrest asked if other buildings have a similar committee like ELEC, and Larry said very much so many more mature in their established protocols. We talked about getting a few building leaders together to share info in the future.

Next up was Tip 6. We are venturing into the area of psychological preparedness. We are planning a talk by a trained professional in January via zoom. Larry thought the text of the tip was too cold and clinical, and he would like something more engaging. Larry volunteered to rewrite the text and share the finished product with us. We are planning the tip for early December as we want to get Board approval and share the idea of a professional speaker followed by Q&A. It was Bob's idea that the speaker is a professionally licensed Behavioral Therapist, and after much searching, we have found one Patti Garsha. Forrest was pleased with the idea and felt it could be in our best interest to keep going down this path of talking about psychological impacts. In general, do a bit deeper dive into disaster preparedness, that is not just us dealing with physical aspects of a disaster. Forrest mentioned this could be a unique opportunity to talk about mental health issues and in us doing this "right".

In our professional careers we have all dealt with workplace issues and the help that comes from forming a culture that gives skills to people in many aspects of their lives. Larry had a good point in it dealing with the whole person.

Next, we talked about a happy hour idea for the volunteers, especially those at our evacuation drill but include others who for some reason could not attend. We know we need to keep them engaged but not always in drilling. So this would be more of a social time with some guided questions that help draw us closer and keep us engaged as one unit. We want to host this before Christmas. Date TBD and venue live and in person or zoom?

Forrest and Bob attended the Gallo Nero new dining room celebration and were impressed by how it went and the mingling of residents, some for the first time. We know this took place before the announcement of a new Covid variant, so we will be strategic and, of course, with Board consensus and approval.

Plans were discussed for an upcoming volunteer drill. This will not be an evacuation drill, but it will be a volunteer drill based on efficiency in clearing your floor. We have plans to use a dummy and initiate the use of a gurney and stretcher.

We discussed a new look to the Preparedness Page on the Website and find placement for the FAQ graphic created by Michelle Heckman to begin archiving and posting residents' questions. We all feel this is a crucial step, and Larry volunteered to work on designing and implementing the FAQ graphic.

Forrest had a situation in his unit with a water leak during a simple toilet replacement. It seems the Elizabeth Facebook page talked about it. And there could be some ongoing discussion with the Board regarding simple maintenance, especially water-related

Forrest invited Larry and Bob to a get-together at his home sometime before Christmas. We were all happy with the idea and looked forward to it.

Meeting adjourned Next Meeting December 27th